



# THE 4TH ANNUAL AFRICA PENSION SUPERVISORS ASSOCIATION (APSA) CONFERENCE TRAVEL ADVISORY

26th-28th November 2023

Kampala, Uganda



DESTINATION:  
KAMPALA



GET AROUND



TRAVEL SMART

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# ABOUT KAMPALA

## WEATHER

- Temperatures are fairly constant throughout the year ranging from 18°C to 25°C. The climate is tropical with temperatures moderated by the altitude.
- The month of November is normally wet and cool. Being on the shores of Lake Victoria, Kampala experiences rain showers during the month of November.

## LANGUAGE

- English is the official language used in Uganda.
- Additionally, Kiswahili and many other local dialects are widely used.

## CURRENCY

- The Uganda Shilling is the currency used in Uganda. International credit cards such as American Express, Visa, and MasterCard are widely accepted and Shillings can be withdrawn from ATM machines using these credit cards.
- Exchange rates as of October 2023
  - a) 1 US Dollar = Shs.3,777.50
  - b) 1 Pound = Shs.4,584.37
  - c) 1 Euro = Shs.3,991.68
  - d) 1 K Sh. = Shs.25.11
  - e) 1 Tz Sh. = Shs.1.50

## TIME ZONE

- Time in Uganda is the same as East Africa Time which is GMT/UTC +3.

## BUSINESS HOURS

- Offices generally open from:
  1. **0800hrs to 1700hrs Monday to Friday.**
  2. **0800hrs to 1400hrs Saturday**Offices are closed on Sundays and public
- holidays.

## DISTANCE TO CITY

- Entebbe International Airport is situated about 45kilometers from Kampala City Centre.

## BANKING

- Most banks open from 0830hrs to 1600hrs from Monday to Friday and from 0830hrs to 1300hrs on Saturdays.
- Banks are closed on Sundays and Public holidays.

## ELECTRICITY

- The power supply in Uganda is 220-240v (50-60Hz). Electrical sockets are square three pronged.
- Guests are advised to bring adaptable plugs.

## COMMUNICATION

- International calls are possible with roaming. WhatsApp, Signal etc are all available.
- Primary mobile operators: MTN, Airtel and UTL.

## LIAISON OFFICERS

- Officers will be attached to our delegations from arrival to departure, and will be the liaison contacts for the period of the Fourth APSA conference.

The URBRA Liaison contact for the 4th Annual APSA Conference is;

**Mr. Cosmas Ssenyonga**

**Manager Prudential Supervision**

**cosmas.ssenyonga@urbra.go.ug**

**Tel: +256 783 314 590 (WhatsApp available)**

## VISA

- Visas into Uganda are obtainable online at <https://visas.immigration.go.ug/>
- To check for visa exempt countries visit at <https://immigration.go.ug/services/visa-exempt-countries>
- Visa For Diplomatic and Official Passport Holders
  - **Diplomatic Application Fee 0**
  - **USD Official Application Fee 0 USD**

## TOURIST VISA

- Single Entry (online payment only - all the online payments may be subjected to a 3% surcharge fee) Application Fee: 50 USD
- Should you require a visa letter please contact the below listed contact:

**Ms. Daisy L. Nabakooza**

**Chief Manager Supervision and Market Conduct**

**daisy.nabakooza@urbra.go.ug**

**Tel: +256 752 566 255 (WhatsApp available)**

## HEALTH SERVICES

- Health authorities at Entebbe international airport require a valid immunization certificate against Yellow Fever.
- Malaria is endemic in Uganda and is caused by Plasmodium Falciparum. Malaria prophylaxis is highly recommended.
- Health Insurance is recommended.
- All travelers are requested to observe international health regulations on public health requirements and measures for travelers, and take appropriate preventive health measures as required for travel to the tropics.

## ACCOMMODATION

- The conference will take place at Kampala Serena Hotel.
- The negotiated rate at Kampala Serena Hotel for a Deluxe Room USD 250 (includes breakfast).
- To make your booking, please contact

### **Kampala Serena Hotel**

**Kintu Road P.O. Box 7814 Kampala, Uganda**

**T: +256 312 309000**

**F: +256 200 415000**

**kampala@serenahotels.com**

- The following are additional hotels that are close to the conference venue and with negotiated rates:

### **Sheraton Hotel Kampala**

**Ternan Avenue**

**P.O. Box 7041, Kampala**

**Tel: +256 414 420000,**

**Fax: +256 414 256696**

**E: reservation@sheratonkampala.com**

- Negotiated rate of 170 USD for Superior room, 190 USD for executive rooms, 220 USD for club rooms and 299 USD for Diplomatic Suite, all at single occupancy basis (includes breakfast).

### **Golden Tulip Hotel**

**2B Kafu Rd, Kampala**

**P.O Box 22104 Kampala, Uganda**

**T: +256 75 5443443**

**E:**

**reservations@goldentulipcanaankampala.com**

- Negotiated rate of 150 USD for standard room at single occupancy basis

### Fairway Hotel

Plot 3 Kafu Road, Nakasero, Kampala

+256-414-259571/2

+256-789-493088

[booking@fairwayhotel.co.ug](mailto:booking@fairwayhotel.co.ug)

- Single Standard Room USD 118
- Twin / Double Standard Room USD 153
- Single Deluxe Room 135
- Double Deluxe Room 170
- Single Executive Room 170
- Twin /Double Executive Room 205

### NOTE

- Ensure to mention URBRA/APSA in the reservation email to get the discounted rates.
- Delegates are advised to contact the hotels directly and confirm the room rates, reserve and confirm their accommodation.

### AIRPORT TRANSFERS

- URBRA will provide airport transfers to and from the airport, and to and from the conference venue. Please confirm your travel details to facilitate transport coordination

- From the date of arrival on 25th November 2023 at the earliest, until departure on 30th November 2023 at the latest, URBRA will provide airport transfers to and from the airport, to and from the conference venue to the above listed hotels.
- Please confirm your travel details and accommodation to facilitate proper transport coordination.

## REGISTRATION

- All delegates must register at <https://urbra.go.ug/2023-apsa-forum-registration-form> to confirm participation in the 4th APSA Conference.
- Registration should be done prior to arrival in Uganda, and not later than 21st November 2023.